

# Baseline Middle School Menu Winter 2016

Remember-you must take a fruit or vegetable with your meal! Make 1/2 Your Plate Fruits and Vegetables!

## Week One

Feb. 1-5, Feb. 22-26, Mar 14-18

### Monday

**\*New\* Gilardi's Stuffed Crust Pizza**  
**Bacon Chicken Club Sandwich**  
**Super Salad Bar**

*Veggie Cup, Romaine Salad, Apple Wedges w/  
Dip*

### Tuesday

**Nacho Bar w/Fixings & WG Cinn. Roll**  
**Chicken or Cheese Quesadilla**  
**Super Salad Bar**

*Refried Beans, Salsa Cup, Pineapple*

### Wednesday

**All Beef Hot Dog w/Fixings**  
**Cheesy Bosco Sticks w/Marinara**  
**Super Salad Bar**

*Broccoli w/Cheese, Baby Carrots, Sliced  
Peaches*

### Thursday

**French Toast w/Sausage**  
**Chicken and Waffles**  
**Super Salad Bar**

*Hash Browns, Fresh Orange Wedges, Juice*

### Friday

**All American Cheeseburger**  
**Spicy Chicken Patty**  
**Vegetarian Black Bean Burger**  
**Super Salad Bar**

*Baked French Fries,  
Veggies & Dip, Watermelon*



## Week Two

Feb 8-12, Feb. 29-Mar 4, Mar 21-25

### Monday

**Pepperoni Pizza**  
**PB Jammers w/Cheese Stick**  
**Super Salad Bar**

*Romaine Salad, Carrot Coins, Fresh Apple*

### Tuesday

**Chicken Nuggets w/Fruit Muffin**  
**Corn Dogs w/Fruit Muffin**  
**Super Salad Bar**

*Baked Fries, Sweet 'n Spicy Baked Beans,  
Peaches*

### Wednesday

**Cheesy Bosco Sticks w/Marinara**  
**Chili Cheese Crispitos**  
**Super Salad Bar**

*Fresh Broccoli w/Dip, Spinach Salad, Cinnamon  
Pears*

### Thursday

**Cheese Ravioli w/Red Sauce & Breadstick**  
**Pesto Chicken Flatbread**  
**Super Salad Bar**

*Romaine Salad, Green Beans, Pineapple*

### Friday

**Popcorn Chicken Bowl**  
**Homemade PBJ**

**Vegetarian Black Bean Burger**  
**Super Salad Bar**

*Mash. Potatoes/Gravy, Corn, Mand. Oranges*



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## Breakfast 7:10-7:40 a.m. FREE

Hot & Cold Entrees, 100% Juices, Fruit, Milk  
Assorted Whole Grain Breakfast Items

**Lunch \$2.75**

**Fruit/Veggie Bar Daily**

**1% White OR Fat -Free White,  
Chocolate or Strawberry Milk (Free with  
Meals)**

**A la Carte \$.50**

## Week Three

Feb 15-19, Mar 7-11, Mar 28-April 1

### Monday

**Gilardi's Stuffed Crust Pizza**  
**Chicken Salad Sandwich w/Baked WG Sun  
Chips**  
**Super Salad Bar**

*Green Beans, Romaine Salad, Pears*

### Tuesday

**Nacho Bar w/Fixings & WG Cinn. Roll**  
**Chicken Cheese Crispitos**  
**Super Salad Bar**

*Refried Beans, Salsa Cup, Pineapple*

### Wednesday

**WG Pasta Bar w/WG Dinner Roll**  
**Pizza Calzone**  
**Super Salad Bar**

*MI Roasted Parmesan Asparagus, Tossed Salad,  
MI Apple*

### Thursday

**Chicken Cordon Blue Sandwich**  
**Pizza Bosco Stix w/Marinara**  
**Super Salad Bar**

*Baby Carrots, Spinach Salad, Mixed Fruit Cup*

### Friday

**All American Cheeseburger**  
**Spicy Chicken Patty**  
**Vegetarian Black Bean Burger**  
**Super Salad Bar**

*Baked French Fries, Veggies & Dip, Peaches*